

# Montville events

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# Mayor's Corner

Dear Members of the Montville Community, Happy Spring, even though it took way too long to arrive! We had an incredibly tough winter with snow storm after snow storm and frigid temperatures. Even though it was a rough time for the local towns and the state dealing with the mess these storms created, I believe that we all did our very best to keep our communities as safe as we could. Our police, fire, emergency services and public works crews had their plates very full! But now is the time for spring cleanup and we all should try and do our part to pitch in and keep our neighborhoods and our communities safe & clean.

Despite the tough struggles, Montville continues to do our best to thrive, build, and rebuild in our community, because we are: "Proud of our Past, Building our Future, and Celebrating our Diversity".

Be sure and stay tuned to the Town of Montville's website for important information and updates: [www.townofmontville.org](http://www.townofmontville.org), and please remember that my door always remains open.

Sincerely,  
Ron McDaniel



Ronald K. McDaniel  
Mayor, Town of Montville



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# Senior & Social Services Department

**Kathleen Doherty-Peck, Director**

Dear Montville Community Friends,  
Spring is finally here! I am so happy to begin this season, enjoy the warm weather, offer special Spring events, and all that the season entails! The Montville Senior Center is bustling with programs and services for our seniors; come and participate in the many programs we have, the services for our elderly, and all around great activities! I am continually working on grants and in-house fundraising events to continue to offer all of our programs to our seniors for FREE! I am proud of my past success and look forward to bringing even more to our seniors in town. For those of our residents in town finding themselves facing difficult times, hardships and crisis you can come to the Social Services Office. We have many programs and services to help and I continue to work hard for our population in need to offer as much as we can for assistance! I am grateful to our wonderful Montville community for their contributions and caring dispositions!

Once again I am happy to offer our Montville Events Magazine to our residents; it is a great resource for our community.

Sincerely,

*Kathleen Doherty-Peck*

Director of Senior & Social Services  
Montville Senior Center

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## Senior & Social Services Staff

Kathleen Doherty-Peck, Director  
Robin Washington, Asst. Social Services  
Ruth Massey-Abruzzo, Asst. Senior Center  
Larry Antoniac, Bus Driver  
Irene Taylor, Kitchen Server  
OPEN, MedRIDE I Driver  
Tom Gingerella, MedRIDE I & II Driver  
David Norman, MedRIDE II Driver

## SENIOR CENTER / SERVICES & PROGRAMS

### Special Dinner & Bingo

Come to the Center on Thursday, April 23rd for BINGO, Spaghetti & Meatball Dinner & wonderful entertainment by the talented Pierce Campbell. Program starts at 12:00 noon. Cost: \$6.00 donation. Can't beat an afternoon of fun, dinner, music, & bingo. Please sign up on the bulletin board if you plan to attend.

### Annual Art Show



Annual Art Show at the Center on Friday, May 8th from 6:00 – 8:00 pm. FREE! Live music, wonderful display of all of our pieces of work from our senior artists, hors d'oeuvres, raffles & more! We have some very talented seniors and we are even more excited this year as we will also be displaying the art of our new Zentangle Program. Don't miss this very enjoyable evening event.

### Annual Older Americans Month Celebration

The Celebration will be held at the Center on Friday, May 22nd at 12:00 pm. Please join us in a celebration in your honor. May is Older American's Month, a time to honor the contributions that seniors have made to our country, our community, and our lives. Please join us at this luncheon and celebration for you. Please sign up on the bulletin board if you plan to attend.

### Annual Regional Event

The annual Regional Event will be held on Friday, June 12th (venue to be announced) from 6:00 – 9:00. Join all of the seniors in our area (we have 10 participating Centers) for our Annual Regional Social. Please call the Center for details. Always fun to socialize with our senior friends from all of the surrounding towns. Bus is available.

## Mothers & Fathers Day Breakfast & Celebration

Please join us on Saturday, June 20th at 9:00 am for a Mother's and Father's Day Breakfast in your honor! FREE! We are celebrating all of our senior Moms & Dads with a wonderful breakfast, raffles, & fun! Please sign up on the bulletin board if you plan to attend. Join us in celebrating you!

## Annual BBQ

Annual BBQ, 1st of the Season will be held at the Center on Wednesday, June 24th at 4:00 pm. Cost: \$7.00 donation. BBQ Chicken, salads, desserts, & more. Great music for entertainment, great food, and great friends. Bus is available. Entertainment to be announced. Please sign up on the bulletin board if you plan to attend.

## Annual BBQ, 2nd of the Season

will be held at the Center on Wednesday, July 29th at 4:00 pm. Cost: \$7.00 donation.

Entertainment to be announced. Hot Dogs, Hamburgers, Sausage, salads, desserts, & more. Great music & great food. Bus is available. Please sign up on the bulletin board if you plan to attend.

## Annual BBQ, Last of the Season

will be held at the Center on Wednesday, August 26th at 4:00 pm. Cost: \$7.00 donation. BBQ Chicken, Kathie's Clam Chowder, salads, desserts, & more. Great music; entertainment to be announced. Bus is available. Please sign up on the bulletin board if you plan to attend.



## AARP 55-ALIVE

AARP 55-ALIVE Driving Course will be held at the Montville Senior Center on Tuesday, May 12th from 12:00 – 4:00 pm. Cost is \$15 for members of AARP and \$20 for non-members. Seating is limited, please sign up today. AARP 55-Alive Driving course is a refresher course for seniors and you receive a certificate to present to your auto insurance to receive a discount. Don't miss out!

## Trips

May 23 - FOX TOURS - Intrepid Sea, Air & Space Museum- \$79.00. Tour includes admission to museum, lunch, free time in Time Square & more. For flyers or details, please call Senior Center. MORE TRIPS SCHEDULED - Please Call The Center For Details.

## HEALTH PROGRAMS

### MedRIDES and MedRIDES II

The Town of Montville Department of Senior & Social Services offers MedRIDE, a FREE transportation for any/all medical appointments for our senior residents. Doctor appointments, hospital tests & screenings, therapy, pharmacies, dentists, etc. Any medical related appointment. Call Ruthie @ 860-848-0422 for details and to schedule appointments. This program is free for our Montville Seniors; a donation box is located on the van for contributions.

This program is supported by the Town of Montville and the Eastern Connecticut Area Agency on Aging with Title III funds made available under the Older Americans Act. MedRIDES II is the same type of medical transportation program though it is a joint effort between the Town of Montville and the City of Norwich. Funds are provided by the State of Connecticut. Driver is located out of the Montville Senior Center. Appointments need to be made by calling the Norwich Senior Center at 860-889-5960.

### Health Clinic

We offer a Health Clinic at the Senior Center on Tuesdays from 9:00 – 11:00 a.m. We have a visiting nurse come to the Center to perform blood pressure, blood sugar, and anemia screenings every week. All services at the Clinic are FREE – donation box is available for contributions. Call Kathie @ 860-848-0422 for details.

### Equipment Program

The Department of Senior and Social Services has medical equipment (i.e. wheel chairs, walkers, shower seats, commodes, etc.) available for our Montville residents on a loan basis. The equipment can be borrowed for any length of time and returned whenever finished. FREE program, a release form must be signed. Call @ 860-848-0422 for details.

### Podiatrist

We have a wonderful Podiatrist, Dr. Thomas Walter who comes to our Center once a month on Wednesday to perform routine foot care. Not a service normally covered by Medicare unless you are a Diabetic. Dr. Walter will perform routine foot care for a cost less than a regular office visit. This Program is free to Montville seniors. Funding for the program is provided by Title III funds made available through the Area Agency on Aging and the Town of Montville. We ask for a \$5.00 donation request per the Grant, not required for the service. Call Kathie for details and date of next visit.

Continued on page 5

# events

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## CONTENTS

Mayor's Corner .....	1
Senior & Social Services Department .....	2
Parks & Recreation Contact Information.....	9
Parks & Recreation Programs .....	10
Montville Youth Services .....	14
Parks & Rec Registration Form.....	17
Parks & Rec Summer Camp Registration Form.....	18
Camp Dismissal Form .....	19
Transfer Station & Recycling .....	20
Community Bulletin Board .....	Back Cover

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## Senior & Social Programs ... continued from page 3



### Massage Therapy

Massage Therapy offers many health benefits (relief from arthritis, circulation, aids in digestion, stress, depression, etc.) Appts are free to Montville seniors. Sign up is first come, first serve – one appt per month per senior as the schedule fills up and we have a waiting list each month. Don't miss out on this wonderful program. Call to sign up.

### Alzheimer's Support Group

We have an Alzheimer's support group here at the Senior Center on the first Friday of every month at 10:00 a.m. Come get the support you need, you do not have to handle issues alone. Confidential.

### Hospice Support Group

We have a volunteer from the Hospice Association that comes to facilitate a Hospice support group and activities. Please call the Center for next date and time. Confidential.

### Hearing Clinic

We have a free hearing clinic on the second Thursday of the month (by appointment). Free hearing screening, hearing aid cleaning and screening and minimal ear wax removal. Call for details and/or to sign up.

### Enhanced Benefit Program

Offered every second and fourth Wednesday of the month at the Center, by appt. from 9:00 – 3:00 noon. The Enhanced Benefit Program is a program our social worker uses to see what/all of the state/federal programs you might qualify for. Information on your current income is

needed. This is done with confidentiality and privacy for you! Our social worker is funded by grant funds made available by Senior Resources with Title III funds.

### Application Assistance

There are many programs and services available to our elderly population. Some are local, some State, and some Federal. Many times the applications for these programs and/or services can be quite lengthy and challenging for our seniors. If you need help in filling out these applications or you have questions on what service is available for you, please call Kathie at the Senior Center to make an appointment. Let's sit down and go over help, services & programs that might be available to you.

### Renter's Rebate Program

For our seniors and disabled residents that have rented in Connecticut during the 2014 calendar year, you may qualify for the State Renter's Rebate Program. I will begin taking applications in April and the Program runs until October. For details, income guidelines, required documents, please contact Kathie at the Center!

## EXERCISE PROGRAMS

### Aerobics & More

Mondays from 9:00 – 10:00 am. Classes are on-going, you can join at any time. Come get or stay in shape and healthy! Aerobics is a great form of exercise to help with heart health, weight control, and much more. Classes are free; wear comfortable clothing & sneakers, and have some fun!

### Strength Training

Every Wednesday from 2:30 – 3:30 pm. Strength training increases muscle mass and also strengthens your bones, helps with weight management, provides relief from arthritis pain, lowers risk of injury, and improves cardiac health. You will be safely guided, by an ACE certified personal trainer, through a variety of exercise designed to increase muscular strength, range of motion, and flexibility required for everyday living at its best.

No need to sign up; wear comfortable clothing and sneakers and take charge of your health.



### Healthy Stretch

Every Thursday from 3:00 – 4:00 pm  
"As we age our muscles become shorter and lose their elasticity. Aging can affect the structure of our bones and muscles causing pain and decreased range of motion in the shoulders, spine, and hips. Stretching is an excellent way to help relieve pain, increase flexibility, and increase range of motion to enhance our everyday life. Class is for anyone seeking to achieve the many benefits of stretching." Please wear comfortable clothing and sneakers to participate in class.

### Zumba Gold

Classes every Tuesday from 1:00 – 1:45. No need to sign up – wear comfortable clothing and sneakers. Come join us for this new exercise program, specifically designed for senior citizens. Zumba Gold is the lower impact, easy-to-follow, Latin-inspired dance fitness class that will help keep you healthy while having fun.

### Zumba Gold Evening Class

Classes every Wednesday from 6:00 – 7:00 pm. Must be 60+ to participate, please register in front office during regular office hours – wear comfortable clothing and sneakers. This is a new exercise program specifically designed for senior citizens. Zumba Gold is the lower impact, easy-to-follow, Latin-inspired dance fitness class.

Continued on page 6

## Senior & Social Programs ... continued from page 5

### Ballroom Dancing

We offer a Ballroom Dancing Class on Wednesdays from 1:15 – 2:15. Classes are FREE to our Montville Seniors and run for 8-week sessions. Please call or sign up in the front office. Look for some of our other Dance Classes starting soon.

### Cardio Exercise

We have Cardio Exercise classes, which are geared toward the senior population, twice a week at the senior center. Classes are free. Wear loose and comfortable clothing and sneakers. Monday and Friday classes are at 9:00 a.m. Join and take charge of your health! Go at your own pace. Classes are on-going.

### Tai Chi

We have Tai Chi classes at the Senior Center on Mondays at 10:30. Tai Chi is a slow paced, low impact martial art exercise. Classes run for 10-week sessions. You can join within the first few weeks of a session. Classes are free.

### Yoga

One of our most popular classes! Yoga classes are every Tuesday from 9:15 – 10:15 a.m. Classes are Free. Wear comfortable clothing, sneakers or socks are permitted. Classes are designed for seniors.

### Line & Country Dancing

Come on Thursday mornings from 9:30 – 11:00 a.m. and enjoy some exercise with country and line dancing while having fun dancing! Free, wearing comfortable clothing.

### Country & Latin Dancing

Come to the Center and have some fun! Country & Latin Dancing taught on Monday's from 3:00 – 4:00 p.m. Free! Wear comfortable clothing and enjoy! Great form of exercise while having fun with friends! Easy instructions, fun time! Classes are on-going, you can join at any time!

### Dinner & A Movie

Once a month on a Tuesday, we offer Dinner & A Movie at the Center. A great way to spend a Tuesday, 3:00 – 5:00 p.m. Socialize with friends, have a great meal and enjoy a movie. \$5.00 donation request. Free door prize as well! Call for details @ 860-848-0422.

### Tuesday Game Night

Come join us on Tuesday, May 19th, 4:00 – 6:00! Join us for an early evening of fun with our monthly Tuesday Game Night. Bunco, Bingo, Cards, Board Games – different games each month. Snacks & Beverages served! Don't miss the fun; bus is available. Please sign up.

### Buck-A-Bowl Luncheon

This Program Is A Huge Success! You Get A Delicious Lunch, Great Company, And More, All For A \$1.00 Donation Request. Sponsored by the Montville Senior Center, we offer a luncheon



special Monday - Friday. Soups, stews, pasta, salad, sandwiches, and more! No need to sign up. Lunch is 11:00- 12:15 or while supplies last. Come and have lunch with us - the Montville Senior Center is Food Safety Certified and Licensed by Uncas Health District.

### Painting Classes

We offer three painting classes at the Senior Center. Mondays from 10:00 – 12:00 noon and Thursdays, two sessions: 10:00 – 12:00 noon and 12:30 – 2:30 p.m. Even if you have never picked up a paintbrush before – come on down. Get your name on the list, classes fill up fast, limited to eight people per class. You will love to learn and learn to love painting.

### Drawing Classes

Drawing classes are offered at the Center on Wednesdays. Two sessions to choose from: 10:00 – 12:00 noon or 1:00 – 3:00 p.m. Learn techniques and develop your skills. Our Art classes are a great deal of fun, and no experience necessary.

### Zentangle

Mondays - 5:00 pm– 7:00 pm - FREE. (Materials can be purchased day of class FOR \$10.00 KITS or you can bring your own). Zentangle is an easy-to-learn method of creating beautiful images from repetitive patterns. Learn to relax (the “ZEN” part) while creating beautiful design work (the “TANGLE” part). You will learn a variety of “tangles” (patterns) and combine them in your own unique way. The best part is that you don't need to have any drawing skills to do this! Each intricate design is broken down in easy to follow steps that guarantee a successful and unique piece. Please register in front office during regular office hours.

### Computer Classes

Classes are offered on Mondays: 9:00 – 10:00 and 11:00 – 12:00, Tuesdays: 1:00 – 2:00 p.m. Classes run for four-week sessions, though you are welcome to join at any time. Class topics change every four weeks. We have offered Beginners, Word, Excel, Internet, Photo, Free Forum, etc. Please contact Kathie if there is a specific program you are interested in. The Computer room is



open and available at all other times and days that our Center is open for senior residents to come in and utilize and enjoy!

## Creative Writing Classes

We offer Creative Writing Classes which run on 8 week sessions. They are once a week at the Center on Tuesdays at 10:30 – 11:30 a.m. You can join at the beginning of each session. Classes are very enjoyable.

## Chorus

The Montville Senior Center has CHORUS every Wednesday from 9:30 – 11:00 a.m. at the Senior Center. Join the Senior Chorus - ALL are welcome. Don't think you have the best singing voice, it's all for fun and enjoyment. No experience necessary.



## Crafts

We have Crafts at the Senior Center on Mondays from 2:00 – 4:00 pm. and Tuesdays from 12:30 – 2:00 pm. Learn new arts and skills. Materials provided by the many donations we receive. We have a great bunch of seniors in our Arts & Crafts programs.

## Hair Cuts

We have a licensed/insured professional hair stylist come to the Center every Thursday morning (by appointment). Very inexpensive and easy access to the Center. Call for details and/or to sign up for Thurs. appt.

## Montville Commission On Aging

Kathleen Doherty-Peck, Chairperson  
Monica MacNeil, Vice-Chairperson  
Margaret Skinner, Member  
Lou Ziegler, Member  
Mary Adams, Member  
Patty Antoniac, Member  
Karen Doherty, Member  
Billy Caron, Town Council Liaison  
Lt. Bunnell, Police Liaison

## Gap Program

The Montville Commission on Aging is proud to offer the Montville Guardian Angel Protection Program (GAP). The program is free for Montville seniors and disabled residents. The GAP Program is a daily reassurance telephone "call" program which can call participants at their designated date/time to detect if the person is "okay." Call for details and/or to sign up for this very beneficial program. You can sign up at the Senior Center 860-848-0422 or Fire Marshal's Office 860-848-3030 x 381.

## Chicken Soup Program

The Montville Commission on Aging is offering a FREE Program. The Chicken Soup Program is a "feel good" program designed to make a home-bound senior know that someone cares. If you are temporarily or permanently home-bound, or you know a Montville Senior that is, you may sign up for this program. One of our registered volunteers will come for a visit and bring a little "gift" to help brighten your day. Please call for details and/or to sign yourself or someone you know up for this wonderful program.

## Montville Senior Club News

**Senior Citizens Club Board of Directors:**  
Sandy Stauffer, Bob Bergdoll,  
Barbara Meagher, Helen Thomes,  
Kathy Bietchowski, Ann Edwards  
and Ellie Matejewski

## Club Meetings

The Montville Senior Citizens Club meets the first Friday of the month from 10:00 – 11:00 a.m. (unless holiday, meeting will be on following Friday). Goodies & coffee offered. Speakers/entertainment at most meetings. Club business to follow speakers. Come on down, members!

## Club Dues

Your Senior Club dues are due every January, if you haven't paid, please consider sending in your dues today! Club membership is for seniors 60+. Membership includes Club meetings and annual events throughout the year. Your dues also help fund the Senior Center with supplies (i.e. paper goods, cable television, newspapers, etc.) So come down

and join the Senior Club. (Membership not required to come to the Senior Center!)

## Special Bingo

Sponsored by the Senior Club



12:30 – 2:30 pm

First Friday of each month

Cost: \$5.00 donation

Come and have some fun with the always popular Special BINGO! Snacks and beverages provided and lots of fun with some great people! Come down for BINGO... The more, the merrier!

## Senior Club Sponsored Extra Special Bingo

Once-a-month on a Tuesday.

(Please see monthly newsletter for dates)

3:00 – 5:00 pm. Cost: \$5.00 donation.

The Montville Senior Club is again sponsoring and Extra Special Bingo is \$5.00 this month! Come join the fun, have goodies & coffee, and a chance to win at BINGO while enjoying the company of your friends. Bus is available.

## SOCIAL SERVICES PROGRAMS

Office Hours: Monday – Friday

From 8:30 – 3:00

The Social Services Office is dedicated to supporting the individuals, families, and seniors of our Town in need. We work hard to ensure we are doing all we can to help our Montville residents facing difficult situations and hard times and providing immediate assistance and crisis intervention. We strongly enforce the privacy and confidentiality of our clients.

Continued on page 8

## Senior & Social Programs ... continued from page 7

### Veterans Special Fund

Our Veterans Special Fund are donated funds dedicated to Veterans and designed to give assistance and help with “life necessities”, crisis and difficulties that may arise. Our Veterans Special Fund runs on donations and is available for those in need. For details and/or to contribute, please call/see Kathie the Director. 860-848-0422.

### Application & Referral Assistance

The Department of Senior & Social Services offers application and/or referral assistance for many State and Federal & local Programs. Some applications can be confusing and intimidating. We can help you fill out the application, gather info needed to accompany application. Many programs are available for our residents in need, call for an appt. Any questions or for more information, please call for appointment, 860-848-8820.

### Computer Services

We have computers for clients to use located in the Social Services Building for needs and assistance purposes. If you need access to a computer for job search, unemployment benefits, apartment rentals, etc. please come in and utilize this new and wonderful service.

### Prom Program

We are in our fourth year for this fabulous program! Collecting Prom Dresses and Monetary Donations for Tuxes to afford our Montville High School seniors the opportunity to attend Prom. This program gives some of the young men and women at MHS the opportunity to attend Prom when they might not otherwise have been able to. Please consider donating a (used in good condition) prom dress, brides maid, formal, jewelry, shoes, etc. or Tuxedo rental or donation towards Tuxedo rental for the boys!

### Montville Social Services Job Bank

If you are unemployed or underemployed, register with our Social Services Office for

our “Job Bank” program. This is a fairly new program and we are continually working on details to help our clients and contacting those in our community in need of employees. Call 860-848-8820 for details.

### Summer Time Utility Assistance

The Senior & Social Services Offices partner with Operation Fuel to be able to offer a Summer Utility Assistance Program for those that qualify. Please call for details and appointments. All income/assets from current year are needed. Do not miss out on these programs, call to see if you qualify and/or to make an appointment!

### Food Bank

The Department of Senior & Social Services, @ 860-848-8820 has a fully stocked Food Pantry located in the Social Services Building open Monday - Friday from 8:30 - 3:00 p.m. or by appt by calling Kathie the Director @ 860-848-0422. Canned goods, pasta, cereal, and rice along with frozen meats and breads (when available). You are welcome to come on a weekly basis to supplement your food needs. We also provide emergency services. Come to the food bank, it is here to help you.

### Clothing Bank

Do you need that power outfit for your job or a job interview? Or do you need clothes for every day wear? Come to the Montville Senior & Social Services Clothing Bank. We have a seasonally stocked clothing bank located in the Social Services Building. We have everything from men's, women's, and children's clothing to baby's clothes available. Walk-ins welcome Monday - Friday from 8:30 - 3:00 p.m.

### Hygiene Bank

The Department of Senior & Social Services has a hygiene bank available to help those in need. Soap, shampoo, toothpaste, toilet tissue are just a few of the items we have regularly in stock to help our needy individuals and families in town. Our Hygiene Bank is located in the Social Services Building - walk-ins are welcome.

### Sports Closet Program

We have a SPORTS CLOSET within our Social Services Office. Many of us have children that out-grow their uniforms, cleats, shin guards, team jackets, etc. or try a sport for the first time and decide that it's not for them! Or maybe you have an old (in good condition) Montville Jacket that no longer fits? If you have any, or know a family that does, would you consider donating these items to this new program for a bi-annual “SALE” to help support our Social Services Office? Items will be “sold” for a donated request (\$1.00, \$2.00, etc.) and help many families get these items for a considerably low price while helping to support the Social Services Programs. (Families not able to afford donation request will receive items for free.)

### Support Services

I am very excited about the possible collaboration between The Montville Senior & Social Services Department and UCFS to be able to offer much needed mental health services and support to our residents in need. I will keep everyone up on the progress of this program, please feel free to contact me with any questions. I am hopeful to have a starting date very soon! Services will be free and confidential. Call Kathie the Director @ 860-848-0422 for details.

***We'd like your  
Feedback!***

**What else would you  
like to see in  
Montville Events?**

**Please respond to  
print@essexprinting.com**

# Parks & Recreation

## Letter from the Director, Peter Bushway

Now that the unusually long winter is over it is time to enjoy what Spring and Summer have to offer us. Be sure to check out our special events like the Mother's Day Craft Event, Community Tag Sale, Trails Day and our newest program - Track and Field, directed by Montville High School Track Coach Erika Marks.

Occasionally, we will offer programs that are not listed in this magazine when information for that program is not known at the printing deadline. As always the most up to date information can be found on our website. To access our online registration for programs just log onto the Town's website at [www.townofmontville.org](http://www.townofmontville.org)

and click on departments, then Parks and Recreation, and then click on the WebTrac icon. This will bring you to our program registration page where you can safely and securely register for programs with a debit or credit card. The system is in real time so there is no delay. A receipt is ready for you immediately. It will be a great time saver.

I hope to see you at some of our programs and events.

Have fun!  
Pete Bushway, Director

## Parks & Recreation / Contact Information

Montville Parks & Recreation Department  
310 Norwich - New London Tpke.  
Uncasville, CT 06382  
(860) 848-3030 Fax: (860) 848-8703

### Registration Information

Register for all Parks & Recreation programs at our office located at the above address. Office hours are 8:00 am – 4:30 pm. Payment is due upon registration. Checks can be made payable to Montville Parks & Recreation. Register in person, online or by mail; receipts will be mailed promptly. Program and registration information can be located on Town's website at [www.townofmontville.org](http://www.townofmontville.org). Simply go to Departments & Services, "Parks & Recreation", then WebTrac icon for all program information. Don't forget you can register online.

### Refunds

Full refunds will be given for any program canceled by the Recreation Department. Participants withdrawing from a program are entitled to a one hundred percent (100%) refund if canceled prior to the first meeting of each program. A refund of fifty percent (50%) of the program fee will be given after the first meeting of the program. The Parks & Recreation Director, at his discretion, may arrange for other refund options on a case-by-case basis.

### Over/Under Enrollment Policy

Programs have a minimum and maximum enrollment. If the class does not reach the minimum size required, the class will be canceled. A waiting list may be established for fully enrolled programs. One week prior to the start of a class is when it is determined whether to cancel a class or not. Please don't wait until the last minute to register.

**\*Disclaimer – All program dates and times are subject to change due to instructors and Parks & Recreation schedule.**

### Photo Policy

Any photograph taken of any participants of the Montville Parks & Recreation Department programs or activities may be used for publication or advertising materials such as brochures and flyers. Any participant not wishing to have a photograph of them used must submit in writing not to be photographed at the time of registration.

### Department Staff

Recreation Director – Peter Bushway Ext. 321  
Administrative Assistant - Carol Bunnell Ext. 322

### Parks & Recreation Commission Members

Scott LaVallie – Chair  
Eileen Cicchese – Vice Chair  
Nancy delaCruz - Secretary  
Derek Wainwright– Member  
Joseph Berardy – Member  
Karen Perkins - Member  
Gilbert Maffeo – Member  
Kerri Lawton – Member  
Kristin Ventresca- Member  
Laura Tanner – Commission Liaison

The Parks & Recreation Commission meets the 3rd Wednesday of each month at 6:30 pm in Council Chambers at the Montville Town Hall. Notification will be posted if there is a change in meeting location or time. All meetings are open to the public.

### Montville Police Department

(Non-Emergency) .....(860) 848-7510  
Raymond Hill Library .....(860) 848-9943  
Montville Public Works ..... (860) 848-7473  
Montville Town Hall ..... (860) 848-3030  
[www.townofmontville.org](http://www.townofmontville.org)  
Montville Animal Control ..... (860) 848-3529  
Transfer Station..... (860) 848-0401

Continued on page 10



## Other Program Opportunities

Little League - .....www.montvillellb.org  
 Mont. Babe Ruth – M. McGrath - gooster12@aol.com  
 Youth Football ..... montvillefootball.com  
 Youth Cheerleading .....montvillefootball.com  
 Montville Youth Soccer – www.montvillesoccer.org  
 Montville Youth Wrestling - on facebook @  
 Tomahawk Youth Wrestling  
 Montville Youth Lacrosse.....montvillelacrosse.org

## Camp Oakdale Pavilions and Fair Oaks Rentals

Have your next get together at one of our facilities. These are great places to hold your event. Contact our office for availability and fees.

## Weather Cancellations

In case of inclement weather, cancellations will be posted on our Facebook page, aired on Channel 3, several local radio stations, You can also call the office at (860) 848-3030 Ext. 380 during office hours.

# Parks & Recreation Programs

## Golf Lessons

Open to resident/non-resident Youth and Adults ages 8 to adult. Five one-hour lessons will include all facets of the game, including basic rules and etiquette. Covers grip stance, posture, backswing, follow thru, sand shots, downswing, chipping and putting. Lessons will also cover information regarding equipment. Clubs required are 3-Wood, 7-Iron, Pitching Wedge and Putter.

Equipment will be made available if needed. Lessons will be held at Great Brook Golf Center, Route 184 Groton.

Instructor: Chris Hedden.

Each person buys a small basket of golf balls for each lesson.

A small bucket costs \$7. Fees: Residents \$110/Non –Residents \$120.

Schedule as Follows:

Adult	May 7 to June 4	Thursday 6PM – 7PM	Program #171023I
Adult	June 1 to June 29	Monday 6PM – 7PM	Program #171023J
Adult	June 3 to July 1	Wednesday 6PM – 7PM	Program #171023K
Women Only	May 5 to June 2	Tuesday 6PM – 7PM	Program #171023E
Women Only	May 7 to June 4	Thursday 10AM – 11AM	Program #171023F
Youth	May 30 to June 27	Saturday 11AM – 12PM	Program #171023L
Youth	May 31 to June 28	Sunday 11AM – 12PM	Program #171023M
Youth	July 11 to August 8	Saturday 11AM – 12PM	Program #171023N
Youth	July 12 to August 9	Sunday 11AM – 12PM	Program #171023O

## Traditional Shotokan Karate-Do

This class explores the fundamental principles of traditional Japanese Karate. Character development for all students will be stressed. Respect for self and others is at the heart of all training. Control is a focal point for all decisions made, both physically and mentally.

Students will learn strong stances, good posture and correct form of basic techniques according to the Japan Karate Association. Students will develop balance, coordination, speed, focus and control through spirited training of blocks, punches, kicks and strikes.

Instructor: Andrew Bakoledis, 24 years training 4th degree black belt. Additional Instructors: John Listorti, 26 years training & Abby Barrera, 10 years training, both with 3rd degree black belts. All classes held at JKA Montville, LLC located at 1242 Old Colchester Rd – Oakdale Pizza Plaza. Fee: Monday Class Only: Resident/\$40 Non-Resident/\$45. Tuesday and Thursday Class Only: Resident/\$60 Non-Resident/\$65.

### Eight-Week Session.

Classes begin week of June 8th Thru week of July 30th. Deadline for registration is June 22nd.

\*Belt test and tournaments also\* through JKA Montville, LLC Students will test for belt rank at end of each session.

Students may also elect to participate at special training seminars and/or compete at special periodic events during session for an additional cost. Visit www.jkamontville.com for additional information

## Judo Camp

New London County Judo Camp

For ages 5 to 16 / 9 am to 3 pm. (Please bring a lunch).

July 13th to 17th Program #375011A / July 20th to 24th Program #375011B. Held in the Montville Town Hall Gym. Residents/ \$100 Non-Residents/ \$110 per week. Minimum class size is 10 and maximum is 20. Instruction by: Ron Egnor 6th Degree black belt. Sharon Hunt 4th Degree black belt. Emma Bollinger 1st Degree black belt and Zach Judy 2nd Degree black belt, is a Guest instructor from Morris Olympic Training Center. Instructors have over 60 years of teaching experience and coaching young players. We also have highly qualified camp counselors assisting at each session. Judo Camp is divided into groups based on experience. Techniques are covered and rank testing is available. We also provide our competitors a chance to train for the Nutmeg State Games with individual coaching and attention. We are the current 2014 Nutmeg State Games Championship Judo Team. Our campers also enjoy judo games, a pizza party and awards day.

## Gymnastics

**18 Months - 3 Yrs** - Program specifically designed for parent/child interaction. Explore a wide range of special motor skills with a clear emphasis on movement, music and balance.

**Ages Four - Six** - Child must be able to follow basic instructions such as standing in line. Designed to refine motor skills, learn the basics, develop better coordination and socialization skills.

**Beginners** - Recreational beginner program for young gymnast with a desire to learn gymnastics, the objective is specifically to improve tumbling, strength, increase flexibility, skill development and build self-esteem.

**Advanced/Intermediate** - Program for intermediate gymnast with a desire to learn gymnastics, the objective is specifically to improve tumbling, strength, increase flexibility, skill development and build self-esteem. Must be able to do a bridge kick over and pull over on bars. Progression from Beginners program. Ages 5 years & up. All programs are run by ABC's Gymnastics Stars staff, all USA Gymnastic Certified. Fee for Residents is \$55 and Non-Residents \$65. Minimum of five required for each class.

Start/End Date Session & Time, Program #. Registration opened 3/30/15. Thursday 4/23/15 -6/11/15

<b>18 Months - 3 Yrs</b>	<b>3:50 - 4:20 PM</b>	<b>#112102A</b>
<b>Ages Four - Six</b>	<b>4:20 - 5:00PM</b>	<b>#112102B</b>
<b>Beginners</b>	<b>5:00 - 6:00 PM</b>	<b>#112102C</b>
<b>Intermediate</b>	<b>6:00 - 7:00 PM</b>	<b>#112102D</b>
<b>Advanced</b>	<b>7:00 - 8:00 PM</b>	<b>#112102E</b>

Tuesday 4/21/15 -6/9/15

<b>Beginners</b>	<b>4:30 - 5:30 PM</b>	<b>#112102C1</b>
<b>Beginners</b>	<b>5:30 - 6:30 PM</b>	<b>#112102C2</b>
<b>Advanced/Interm</b>	<b>6:30 - 7:30 PM</b>	<b>#112102D1</b>

## NEXT SESSIONS

Registration opens 6/1/15

Thursday 6/18/15 -8/6/15

<b>18 Months - 3 Yrs</b>	<b>3:50 - 4:20 PM</b>	<b>#112102F</b>
<b>Ages Four - Six</b>	<b>4:20 - 5:00PM</b>	<b>#112102G</b>
<b>Beginners</b>	<b>5:00 - 6:00 PM</b>	<b>#112102H</b>
<b>Intermediate</b>	<b>6:00 - 7:00 PM</b>	<b>#112102I</b>
<b>Advanced</b>	<b>7:00 - 8:00 PM</b>	<b>#112102J</b>

Wednesday 6/17/15 -8/5/15

<b>Beginners</b>	<b>4:30 - 5:30 PM</b>	<b>#112102H1</b>
<b>Beginners</b>	<b>5:30 - 6:30 PM</b>	<b>#112102H2</b>
<b>Advanced/Interm</b>	<b>6:30 - 7:30 PM</b>	<b>#112102J1</b>

## Mother's Day Crafts For Kids

Free Program for Montville Residents

Painted Pots or Mozaic - Paint it, Pot it, Glue it, and present it to Mom or Grandma on her special day.

Saturday, May 9th, noon - 2:00 pm. Ages 12 and under.

Fair Oaks Community Center. Register online, in person or by mail. For more information, please contact the Recreation Office. Fee: Free Event. Program #214025A.

Continued on page 12

- SINCE 1964 -

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## Parks & Recreation Programs ... continued from page 11

### Early Childhood Music Class

Children ages birth to 5 years old. Early childhood music classes will provide a meaningful musical experiences for children and families. Babies, toddlers and pre-schoolers will participate in musical experiences that involve singing, expressive movement, games, creative play, vocal exploration, and instrumental play. Caregivers will be an integral part of each class and will learn how they can incorporate music into their daily routines with children. Minimum of 5 children needed / Maximum of 12 children. Instructor: Nicole Clarke. \$30/Residents, \$40 Non-Residents. Tuesdays (5 weeks). Fair Oaks Community Center. May 12th to June 9th. 9:00 am to 9:45 am. Program: #114041A.

### S.E.C.T. PARK R.A.C.E.

#### Regional Adventure Challenge & Expedition

Kick Off Event – Camp Oakdale Ballfields Featuring Letterboxing and Family Field Day – 176 Meetinghouse Lane, Oakdale. Sun., June 7th, 9-2 pm. Discover South-eastern Connecticut's parks this summer with the 2nd Annual Park RACE; Regional Adventure Challenge & Expedition. Program begins June 7th and ends in August. Register your team and receive a passport that grants you and your team members admission into a number of pre-selected parks in SECT throughout the summer. Each page of the RACE passport contains details on a park activity for your team to complete. Some activities require teams to complete a challenge on a specific date, and others allow teams to complete challenges at times of their choosing. Sign up for FREE and get your passport at the Kick Off Event or after that event from your local Parks and Recreation Dept. Teams earn one prize drawing entry for each activity completed. Teams that complete all challenges receive five (5) bonus entries. The Kick Off Event will be a Letterboxing Challenge. Letterboxes will be hiding for you to find at every skill level. Letterboxing is like a treasure hunt – you are given clues to where the “box” is hiding and you try to find it. In addition, there will be

family games to play; sack races, three-legged races, and tailgate toss. Bring a picnic lunch with you. There will be a food vendor available.

### Track And Field

Grades 3rd thru 9th. Our youth track and field program will offer children the opportunity to participate in running, jumping and throwing events. Learn the techniques to improve skill to become faster, jump further and throw farther. Instruction in the following events: 50m and 100m dashes, long jump, relays, rocket javelin, 800m and 1500m races, low hurdles, high jump and others. Dates: Mondays and Wednesdays. July 6 – July 29. Time: 6 to 7 pm for grades 3-5. 6:30 to 7:30 pm for grades 6-9. Location: Montville High School Track Fee: \$30 Residents/\$40 Non Residents Instructor: Montville High Coach Erica Marks. Program # 311121A.

### Community Tag Sale Event

Montville Parks & Recreation will hold a Community Tag Sale event on Saturday, May 30th (rain date, May 31st) from 9:00am to 2:00pm in the Fair Oaks Community Center parking lot. Set up will begin at 8:00am. Rental fee is \$10.00 for each 20' x 20' space. Register for as many spaces as needed. Use the registration form in this magazine to sign up. Be sure to include total number of spaces required. Pre-Registration Is Required. This event is intended for participants that would like to have their own tag sale; however, just do not have the space or good location. The tag sale will be advertised locally. For more information, please contact the Parks & Recreation Dept. at 860-848-3030 x321 or email kerrilawton@gmail.com with any questions. Date: May 30th. Time: 9 -2 pm set up at 8 am. Location: Town Hall Parking Lot. Fee: \$10 per 20' x 20' space. Minimum Number/10Maximum Number/35. Program Code# 366021A.

### 28th Annual Masters Race

Ages 40 years and older  
6.2 Miles Certified Course  
Sunday, July 19th / 8:00 am registration  
9:00am start / \$20 Registration - First 40

receive free T-shirt. he race is sponsored by the Montville Rotary Club. Awards ceremony held at the finish line are on Oxoboxo Dam Road. Contact the Montville Rotary for registration at: montvillerotaryct@gmail.com. Date: July 19th. Time: 9 am - registration begins at 8 am. Location: Camp Oakdale Large Pavilion, 75 Oxoboxo Rd in Oakdale. Registration \$20.

### 5K And Kids Fun Run

In conjunction with the Annual Masters Race, the Montville Rotary will be offering a 5K Road Race and Kids Fun Run on July 19th at the Large Pavilion at 75 Oxoboxo Dam Road. Both races will start prior to the Master Race. Contact the Montville Rotary for more information or to register montvillerotaryct@gmail.com

### Summer Camp

Seven Weeks June 22nd – Aug 7th  
Register for all the weeks you need!  
**New Location:** Montville High School  
Registration will open on Monday, May 4th for Summer Camp / Montville Residents Only. We will accept registrations weekdays from 8am – 4 pm at the Montville Parks & Recreation office or you can mail, stop in or register online. A receipt will be mailed to you promptly. Boys and girls ages 5 -12. Children must be five years old by the start of camp. A birth certificate will be required as proof of age. Camp is held at Montville High School every Monday through Friday from 8 am – 4 pm. Fee is \$50 per week per child. Fees must be paid in full at time of registration. Come every day or only on the days you want, you pay the same price. We accept cash, checks, debit/credit cards or money orders. Camp will not be held on Friday, July 3rd in observance of Independence Day. Field trips are offered for additional fees. No before or after care. Children must bring their lunches to camp every day. There is no refrigeration for lunches. Water and Gatorade are available for purchase each day for \$1.00 in the Camp Office. Age groups fill up fast so don't delay in signing up your child.  
**Camp Bus Schedule** – There is no fee for bus rides to summer camp.



Times are approximate. Schedules for each pick-up and drop-off site are as follows:

**Mohegan/Palmer Schools** pick up site:

Picks up at Mohegan at 7:30 am then Palmer at 7:45 am. Returns to Palmer at 4pm – Mohegan at 4:15 pm.

**Murphy/Oakdale Schools** pick up site at:

Picks up at Murphy at 8:00 am then Oakdale at 8:05 am. Returns to Murphy at 4:35 – Oakdale at 4:40 pm.

**Weekly Camp At A Glance**

**Week 1 Around the World Week**

Trips: Roger Williams Zoo

**Week 2 Holiday Week**

Trips: Bowling

**Week 3 Survivor Week**

Trips: Bounce Fun Center, Launch Trampoline Park

**Week 4 Turn Back the Clock Week**

Trips: Dinosaur Park, Nomads Laser Tag, Ocean Beach

**Week 5 Wild N Wild Week**

Trips: Mystic Aquarium, CoCo Key Water Park

**Week 6 Hollywood Week**

Trips: Lisbon Landing Movie, Roller Skating, Talent Show: July 31st

**Week 7 Carnival Week**

Carnival Day: August 6th

Camp Bus Trips - Please check our schedule for the optional field trips on the registration form when signing up your child for camp. There are some fun choices you may want to add. Be sure to check the appropriate age group for your child's trips.

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# Montville Youth Services

Barbara A. Lockhart, M.S., Director  
President Connecticut Youth Services Association

Hello Montville Residents & Families,  
Happy Spring Montville! Welcome to another edition of the Montville Events Magazine. Receiving this magazine in your mailbox enables you to be well informed of all of our scheduled programs, events, and services. We have a busy season planned so get your calendars ready to save the dates for some great times! Thank you for all the support, dedication, and kindness so many of you have shown MYSB for nearly 26 years, it is deeply appreciated! Have a safe and sensational Spring & Summer Season! Please visit our website [www.montvilleyouth.org](http://www.montvilleyouth.org), Facebook page or give us a call to catch up on all the happenings at MYSB!

Best Regards,

*Barbara*

Barbara A. Lockhart, MS  
Director of Youth Services, Town of Montville  
President Connecticut Youth Services Association

“The Montville Youth Service Bureau is committed to addressing and meeting a variety of needs for the youth and families in the Montville Community. Our goal is to enrich the social, recreational, cultural, and educational experiences of youth, while providing opportunities for positive, social, educational, and emotional skills development. We will achieve this through positive program development, the implementation of support networks, regular needs assessments, appropriate prevention and intervention services, and coordinated planning and advocacy. Our philosophy is to make a world of difference by actively committing to make a difference in the world of the youth and families we serve.”

## Staff

Barbara Lockhart, M.S., Director  
Kimberly Grant B.A., Program Developer  
Dianne Peltier, Admin. Assistant  
Darin D’Ammadio, LCSW  
Katie Bonanno & Alicia Dahmer, Program Assistants  
Rayallen Bergman, Center Assistant

## Montville Youth Advisory Board

Daniel Dunn, Chairman  
Leonard Bunnell  
William Carlos  
Brienne Messer  
Robert Mitchell  
Susan Rickards  
Allyson Schmeizl, Secretary  
Timothy Shanahan  
Marilyn Williams  
Grace Carlos, Youth  
Kathy Pollard, Town Council Liaison

## Montville Youth Service Bureau Programs

289 Route 32, Uncasville, CT 06382  
phone: (860) 848-7724 / fax: (860)848-4058  
[www.montvilleyouth.org](http://www.montvilleyouth.org)

## After School Program / Grades 4th -12th

Monday – Friday / After School until 6 pm  
Open to Montville Residents. Registration Required.



NO NEW REGISTRATIONS will be accepted from June 1st - June 21st. \*Due to the increased interest in our After School Program, we have a waiting list in place. The ASP is a fee based program. There will be a \$115 registration fee assessed each year your child is in the program. A \$25 non-refundable deposit is due at the time of registration in the program. The remainder of the balance is due 90 days from the original registration date. Parents with more than one child in the ASP will adhere to a tiered payment plan: 1st child- \$115, 2nd child- \$85, 3rd child-\$55, 4th child- \$25. (Parents who have a child/children placed on the waiting list will not be required to pay the ASP fee until a spot opens in the After School Program.) Montville ASP operates as a latch key prevention program for Montville students in grades 4 – 12. Students who attend the After School Program can choose between a wide variety of recreational and educational activities. Such Activities include: supervised homework help, computer access, outdoor recreational activities, pool, air hockey, video game systems and much more. The After School Program offers students with occasional trips and special activities throughout the year. Completed registration forms must be dropped off in person. All forms are available on our website [www.montvilleyouth.org](http://www.montvilleyouth.org). Faxed copies of the forms will not be accepted. If you would like more information you can stop down between the hours of 9:00 am and 2:30 p.m. Please contact us for more information. To inquire about placement on the waiting list, please dial ext. 112.

Current ASP Participants will be able to Re-Register for the 2015-2016 After School Program Monday, June 1st through Friday, June 5th. \*New ASP Registration will begin on Monday, June 22nd.\*

## Summer Center

Monday-Wednesday-Friday

Monday, June 22nd – Friday, August 14th

8:30 am to 5 pm

Registration will be held Monday, May 4th at 9am, no exceptions!

Open to all Montville Youth entering grade 7 and higher. There are 30 spots available on a first come, first serve basis. Total cost-\$375 per child; a \$175 non-refundable deposit is required at time of registration, includes 1 trip per week (with lunch).

Payments are due in full by Monday, June 15th. Scholarship spots are available, you MUST contact the office PRIOR to Registration to discuss eligibility requirements. Summer Center Program Dates and trips are available on our website page.

## Montville Youth Action Council – MYAC

Montville YAC's mission is to provide opportunities for Montville Youths, in grades 6 through 8 to develop and promote responsibility, cultivate leadership skills, develop an interest in the community, and foster empowerment and positive social development through active participation in the formation, coordination, and delivery of community service projects, as well as social and recreational activities. Joined by high school mentors and MYSB staff this program offers students an opportunity to "give back". Montville YAC's past projects include a Police/Youth Memorial Bench Building Project, our Annual Penny Drive, which has raised money for Montville Social Services, Habitat for Humanity, Hurricane Katrina and so much more! New applications for the 2015-2016 YAC will be accepted beginning May 4th. Contact Kimberly for more information at Ext.112



## Parent Action Council- PAC

The Parent Action Council is a group of parents who work together to help Montville Youth Service Bureau develop and organize different fundraisers and community events throughout the year. Currently, PAC is looking for new members who are interested in donating a little of their time to help a really great cause. Please contact us if you are interested.

## Counseling and Referral

Confidential, short-term counseling is available to Montville youth and families, on a family income adjusted fee scale. Our counselors focus on personal



needs and concerns, and the dynamics of relationships between parents and children, siblings, and peers. In addition we offer information and support to parents, children, and all family members. We also offer referrals for families and individuals who may require other services we cannot provide. Contact Barbara (Ext 116) or Darin (Ext 111) for more information.

## Hire-a-Teen

This job placement program matches youth with residents who need assistance with such tasks as yard work, housework, babysitting, mother's helper, elderly help, snow shoveling and pet sitting. Participating communities include: Bozrah, Chesterfield, Montville, New London, Norwich, Salem, Quaker Hill, and Waterford. Applications need to be filled out and returned in person by anyone interested in utilizing the services and any youth who are interested in being part of our Hire-A-Teen Program. For more information contact Dianne, Ext 113, between the hours of 9 am and 2:30 pm.

## Volunteers and Internships

Montville Youth Service Bureau welcomes energetic people to volunteer, during the

school year, in our After School Program. We are looking for people to volunteer on our playground, with homework assistance, arts and crafts projects and mentoring.

We are also looking for local High School juniors and seniors who are willing to provide homework assistance to our participants. We ask our volunteers to make a commitment of at least one day a week throughout the school year. We are also looking for local High School juniors and seniors who are willing to provide homework assistance to our participants. Please contact Kimberly with any questions or if you are interested in giving back to your community.

## Internships & Service Learning

Opportunities for Internships and Service Learning are available for those that are pursuing their education in the fields of Human Services, Psychology, Sociology, Criminal Justice, Social Work, and Education. Please contact MYSB for more information.



## Parent-Toddler Play Group

Birth to Five Years / Tuesdays and Fridays  
Fair Oaks School / 10:30 am to noon  
MYSB sponsors a Parent Toddler Play Group which takes place at The Fair Oaks Community Center in Oakdale. The program meets from September through June. Please contact MYSB for further program information on how to get involved.

## MYSB EVENTS

### MYSB's First Annual Crafter & Vendor Fair

Sunday, April 26th / Mohegan Fire House  
10 am to 3 pm.

Continued on page 16



## Youth Services ... continued from page 15

Join us for a day of shopping with Tastefully Simple, Thirty One, Party Lite, handmade crafts and so much more! We will also be raffling off great prizes!

### Six Flags New England Tickets



Available at MYSB Monday-Friday / 9 am to 5 pm. Tickets for Six Flags New England are available at MYSB for a discounted price of \$43. (\$59.99 at the gate & \$41.99 online) Checks preferred, cash accepted. The tickets are good for ANY ONE day during the 2015 season! Give us a call or stop in! Save yourself money and support a good cause, MYSB Programs! [www.montvilleyouth.org](http://www.montvilleyouth.org) or "LIKE" Us on Facebook. Throughout the year, MYSB regularly posts helpful information

and resources for parents and youth on our website & Facebook page! Our website has information about all of our programs and activities, as well as up-to-date resources for all your needs! Our website has our registration forms, flyers and of course, our monthly newsletter, the "Youth Scoop!"

### MYSB Updates & Info

1 Word, 1 Voice, 1 Life

Be the 1 to start the conversation.

[www.preventsuicideCT.org](http://www.preventsuicideCT.org)

Suicide Hotline- 1-800-273-8255, available 24/7. In Partnership with SouthEastern Regional Action Council. The Montville Suicide Prevention Team. Reach out... We Care!



### Did you know...?

There is a Prescription Drug Dropbox at the Montville Public Safety Building. You can bring your unused or expired prescription drugs to the drop box for safe disposal. For more information about what can be dropped off and the hours, contact Montville Police Department at 860-848-7570.

Montville Youth Service Bureau partners with the Southeastern Regional Action Council (SERAC) on Prevention Initiatives in the community. For more information visit SERAC's website: [www.sectrac.org](http://www.sectrac.org).

Montville Youth Service Bureau is an active member of the Connecticut Youth Services Association (CYSA) which represents 100 YSBs statewide. Visit CYSA's website for more information: [www.ctyouthservices.org](http://www.ctyouthservices.org).



### We want your feedback!

The Mayor's Orange Ribbon Community Coalition is interested in what you have to say about our new town tag line and logo. If you like our new design, or even if you don't, please contact us and let us know what you think. Your thoughts are important to us!



**CLINTON:** Great Investment Opportunity! Live in this well maintained ranch with in-law apartment. Home is set in a private setting, separate entrances, flat lot, plenty of parking and close to I-95 & Clinton Crossing. All features make this a very desirable home to live in. MLS N355474 Asking: \$269,000.



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**310 Norwich- New London Tpke.**  
**Uncasville, CT 06382**  
**Phone (860) 848-3030 Ext. 321,322**  
**Fax (860) 848-8703**

First Name \_\_\_\_\_ MI \_\_\_\_\_ Last Name \_\_\_\_\_

Date of Birth \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Email Address \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Other \_\_\_\_\_

Program Name \_\_\_\_\_ Code # \_\_\_\_\_ Cost \$ \_\_\_\_\_

Time \_\_\_\_\_ Day (s) \_\_\_\_\_ \*T-shirt Size (If Applicable) \_\_\_\_\_

Comments \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Release and Waiver of Liability, Assumption of Risk and Indemnity Agreement, In consideration of participating in the Montville Parks & Recreation Activities.

I, \_\_\_\_\_ represent \_\_\_\_\_

**(Parent/Legal Guardian, Please Print)** **(Participant Name)**

and understand the nature of the Activity and that I he/she am/is qualified, in good health and in proper physical condition to participate in such Activity. I acknowledge that if I believe event conditions are unsafe I will immediately discontinue participation in the Activity.

I fully understand that certain Activity involves risk of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, cost and damages I incur as a result of my participation in the Activity.

I hereby release, discharge and covenant not to sue the Town of Montville and its respective administrators, directors, agents, officers, volunteers, employees, other participants, any sponsors, advertisers, and if applicable owners and lessors of premises on which the Activity takes place (each considered one of the "RELEASEES" herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations and future agree that if, despite this release, waiver of liability and assumption of risk I, or anyone on my behalf makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the Releasees from any loss, liability, damage or cost, which may incur as the result of such claim.

I have read the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Parent/Legal Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_





# Camp Dismissal Form

Childs Name \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

By signing this form, I agree to the dismissal policy set by the Montville Parks & Recreation Department.

**Please select only one means of dismissal for your child. This needs to remain consistent for the entire duration of the summer camp program. It cannot change daily.**

Parent Pick-up \_\_\_\_\_ (Please check here)

Bus Transportation \_\_\_\_\_ (Please circle below which bus child will use)

## **Mohegan/Palmer Bus or Murphy/Oakdale Bus**

Picks up at Mohegan at 7:30 am then to Palmer. Returns to Palmer at 4pm – Mohegan at 4:15 pm  
Picks up at Murphy at 7:55 am then to Oakdale. Returns to Murphy at 4:35 pm – Oakdale at 4:40 pm  
Times are approximate

Please list the names of all individuals that have permission to pick-up your child. Please list a home or cell phone also. ID is required for all names on the list. No child will be released to anyone other than the names on the list.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**YOU MUST MAIL THIS FORM TO OUR OFFICE AT 310 NORWICH-NEW LONDON TNPK,  
UNCASVILLE, CT 06382 OR EMAIL TO [pbushway@montville-ct.org](mailto:pbushway@montville-ct.org)**

# Town Of Montville Transfer Station & Recycling Information

860-848-0401 / 860-848-9411  
 669 ROUTE 163  
 (At Intersection With Chesterfield Road)  
 SCRRRA – Household Hazardous  
 Waste Collection  
 Saturday, August 15th / 9 am to 1 pm  
 at Tyl Middle School

## Transfer Station

Wednesday and Thursday, 8:00 am - 4:00 pm;  
 Friday Saturday and Sunday 8:00 am - 3:00 pm;  
 Monday and Tuesday - Closed

## Transfer Station Is Closed On The Following Holidays:

New Year's Day  
 Independence Day  
 Sunday before Labor Day  
 Easter Sunday  
 Day before Thanksgiving  
 Sunday before Memorial Day  
 Thanksgiving Day  
 Christmas Day

## Prices for Transfer Station Stickers

\$45.00 for 60 and over / \$55.00 for 59 and under

\$3.00 for residential pass per visit for household garbage only (Montville residents only)

**Curbside Recycling Holidays:** If your recycling day falls on one of the holidays it will be a day later. New Year's Day, Memorial Day, Fourth of July, Labor Day, Thanksgiving, and Christmas.

For example Monday will be picked up on Tuesday and Friday will be picked up on Saturday.

## Recyclable Items

Cardboard, newspaper/inserts, magazines/brochures, white paper, color paper, junk mail, phone books/catalogs, hard and soft cover books,

paperboard boxes, cereal boxes, envelopes, file folders, school papers, multi 3 ply paper, tin cans, aluminum cans, aluminum foil, plastic milk jugs, juice and milk cartons, water bottles, plastic soda bottles, detergent bottles, #1 thru #7 plastics, small metals, empty aerosol cans, plastic buckets, plastic crates, pots and pans, and glass.

Recycling not only helps to conserve our natural resources, it saves money.



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 240 Post Road | Westerly, RI | 401-322-8800

EdibleArrangements.com

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# events



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# Montville Community Bulletin Board

## Trails Day Letterbox Hike and Family Field Day

Sunday, June 7th at Camp Oakdale Ball Fields  
9 am to 2 pm

A Free Family Event

Celebrate Trails Day at Camp Oakdale with a Family Letterbox Hike and Field Day. Several Letterboxes will be hiding for you to find at every skill level.

Letterboxing is like a treasure hunt - you are given clues to where the "box" is hiding. Follow the signs and look for the Trails Day Booth. Come anytime and stay as long as you like. Bring a picnic lunch have some fun on the ball field after your hike and enjoy the afternoon. The Field Day will feature games such as 3-legged races, sack races, tailgate toss and more. This is a rain or shine event. Heavy rain cancels! Registration is not required but would be appreciated. Please email Chris Lawton at [trailblazed72@gmail.com](mailto:trailblazed72@gmail.com) or contact the Parks & Recreation Office at 860-848-3030 x 321 to register or for more information.

## Summer Concert

Montville Parks & Recreation is planning a big outdoor summer concert. Watch for details around town and on our Facebook page. Come and enjoy the free music. Bring a chair or blanket, friends and family. Food vendors will be on site. Plenty of parking.

## Community Gardens

We are coming to the start of our 2015 gardening season and eagerly awaiting the warm weather! Garden beds are available for those in our community who would like to purchase and maintain



one. For those who "rented" a garden bed last year, you have first option to "rent" your space again. For a registration form along with updated rules, please call the Senior Center. The garden space will allow you to do gardening and supplement your household grocery budget with healthy food. It will also be a chance for you to give back to the community. Gardens are available for \$10.00 per year and ¼ of harvest, which is donated to the Montville Social Services Office. If you have a green thumb, or if you would just like to have fun in a garden of your own, call Kathie Doherty-Peck, Montville Senior Center Director @ 860-848-0422 for details, rules and registration, and to "purchase" your very own garden!

## Montville Lions

9th Annual 5K Run/Walk / SNERRO Timing  
Support Chelsea Belardo / New Venue-New Course!  
Sunday, May 3 / 8:00 am Registration / 9:00 Start  
Camp Oakdale Large Pavilion / 75 Oxoboxo Dam Road  
Oakdale, CT 06370. All info can be found at: [e-clubhouse/sites/montvillect](http://e-clubhouse/sites/montvillect), Facebook (Montville Lions), or contact Tiffany Williams at 860-608-8294.